

# Ni Rose ken ni Alma



Sarita ni  
Pablito Petallar

Inladawan ni  
Kevin Rusty Macaraeg

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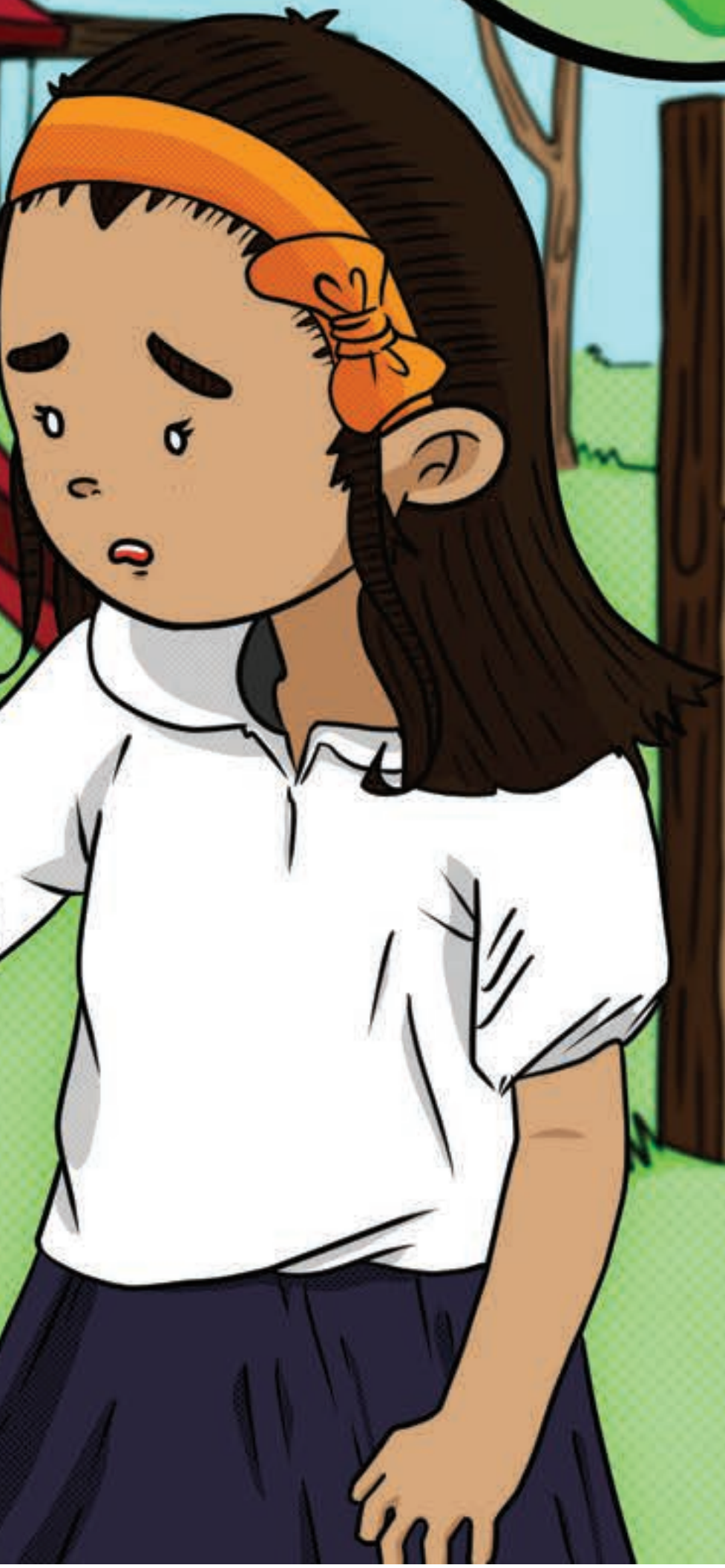
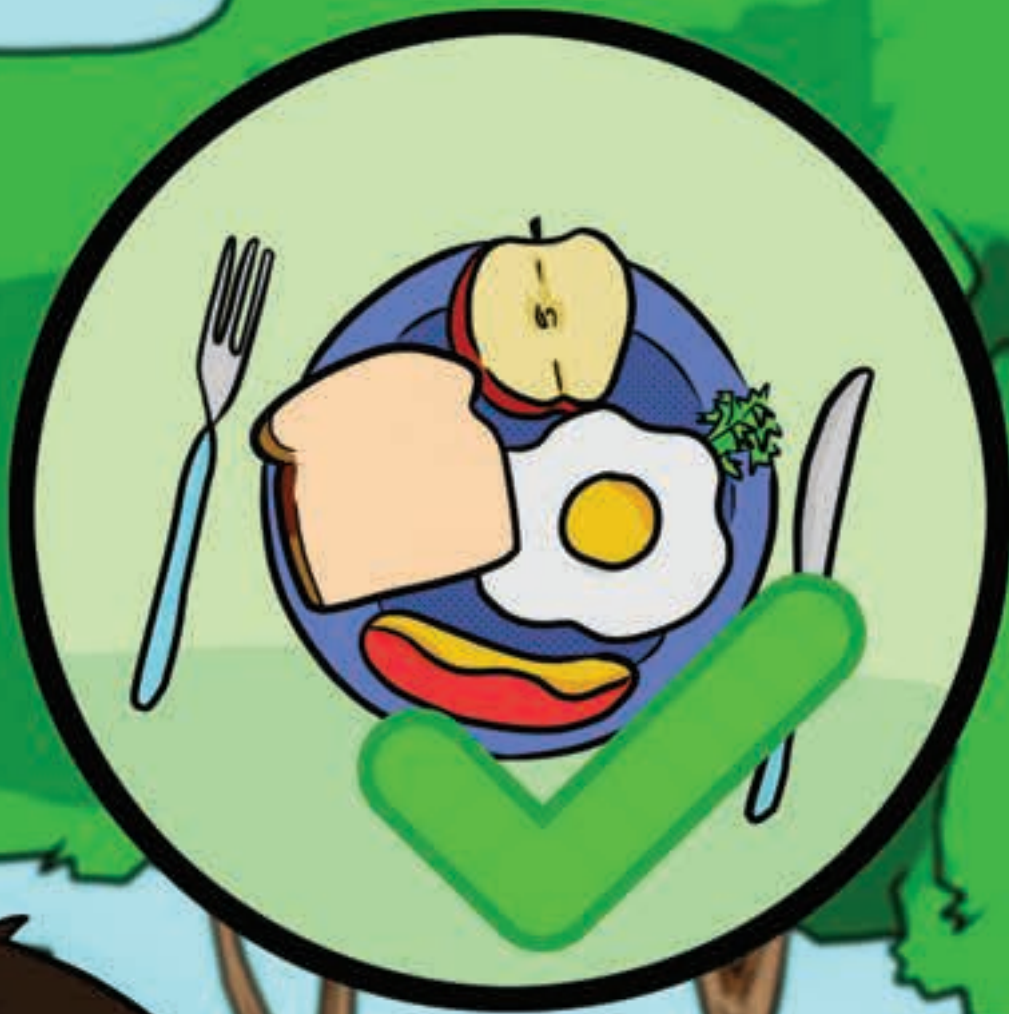




















# Ni Rose ken ni Alma

Rose and Alma are best friends who like to play and do many things together. But, they are different in many ways. Rose sleeps early every night, so she wakes up early and well-rested the next morning. She helps her mother cook breakfast and eats a healthy meal. She takes a bath and dresses up very neatly. Alma, on the other hand, watches TV all night so she has difficulty waking up in the morning. Because she almost always wakes up late, she does not have time to eat breakfast and take a bath. She dresses up hurriedly, too. Rose arrives in school early while Alma shows up late. During snack time, Rose eats healthful food and drinks milk while Alma eats only sweets, soda and chips. In the classroom, Rose does her tasks well while Alma often falls asleep. Since Alma does not take a bath before going to school, none of the children want to play with her. Rose invites Alma to play jump rope with her, but Alma trips and hurts herself because she easily gets tired. Rose comforts Alma and tells her how she can be strong and healthy. From then on, Alma sleeps early, takes a bath in the morning, and eats healthy food. Alma changes and becomes happier and healthier.



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