

NGWAZI YANE NDIWE

Umo wana wángatimbanirana
na Covid 19



TUMBUKA

IASC
Inter-Agency Standing Committee

Ciyambi

“Ngwazi yane ndiwe” ni buku ilo wâlikulembere wâna awo wâli kukhwaskika na matenda gha COVID-19 pa calo cose capasi.

Mupapi, mlezi panji msambizgi wakwenera kumuwêrengera mwana buku ili panji kukagulu kacoko ka wâna.

Nchakuzomerezgeka yayi kuti mwana wa wêrenge yekha buku ili kwambula kovwirika na mupapi, mlezi panji msambizgi. Buku lakulongozga mupapi, mlezi na msambizgi lakucemeka “Vyakuti yicite Ngwazi” (ilo lisindikizgikenge kunthazi) likulongozga umo wângacitira na fundo zinyakhe zakukhwaska COVID-19, umo wânga wâwirira wâna kuti wâleke kutimbanizgika na ivyo wâkupulika mumtima mwawo vyakukhwaskana na matenda agha kweniso likulongozga pa vinthu ivyo wâna wângacita vyakukhwaskana na buku ili “Ngwazi Yane Ndiwe”.

Kung’anamulira buku ili muviyowoyero vinyakhe

Wupu wa IASC MHPSS RG u wenge naudindo wakung’anamulira buku ili kuluta muviyowoyero ivi Arebiki, Cichayinizi, Cifaransa, Ciraskani na Sipaniski. Pala mukukhumba kung’anamulira buku ili kuluta muviyowoyero vinyakhe mukhwaskane na wupu wa IASC Reference Group

for Mental Health and Psychosocial Support (MHPSS) (mhpps.refgroup@gmail.com). Mabuku ghoose ghamuviyowoyero vinyakhe ghazamuwikika pa webusayiti ya IASC Reference Group. Pala mwan'anamulira buku ili muviyowoyero vinyakhe panji kulisinha, mukumanyiskika kuti:

- Mukuzomerezgeka yayi kuwikapo cimanyikwiro cinu bakuku ilo (panji ca wupu uwo wamupasani wowwiri kuti mucite nchito iyi).
- Pala mwalisinha buku ili (i.e., kulintha mazgo panji vithuzi), mukuzomerezgeka yayi kuwikapo cimanyikwiro ca IASC. Kuli kose uko buku ilo lamugwiriskika nchito, pangakawonekanga cili cose yayi cakulongola kuti IASC yili kuzomerezga wupu wunyakhe, mabuku panji nchito yili yose yakukhwaskana na buku ili.
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- Mukwenera kulembapo mazgo agha ghakulongola kuti ndise yayi tikacita nchito iyo: "Buku lamuciyowoyero ici /kulintha uko kuli mubuku ili kukacitika na wupu wa Inter-Agency Standing Committee (IASC) yayi. Wupu wa IASC ulije udindo pa ivyo vyalembeka mubuku ili panji pakung'anamulira kuwemi kwa buku ili. Buku lamucizungu ili "Inter-Agency Standing Committee. My Hero is You: How Kids Can Fight COVID-19! Licence: CC

BY-NC-SA 3.0 IGO ndilo ni buku lekha ilo ndakuzomerezgeka kweniso lakugomezgeka.”





Anyina Sara ni ngwazi ya Sara cifukwa cakuti ni mama muwemi comene kweniso ni nkhwantha ya sayansi pa calo cose capasi. Kweni anyina Sara nawo wâwangakwaniska yayi kusanga munkhwala wakucizgira matenda ghakwamba na koronavayirasi.

“Kasi COVID-19 yikuwoneka wuli?” Sara wakaâwafumba anyina.

“COVID 19 panji koronavayirasi nkhanthu kacoko comene ako tingakawona yayi,” wâkazgola anyina. “Kweni kakwandana pala wânthu wâlvari wâkukhosomola panji kuyenthyemula, kweniso pala wâkukola wânyawo panji vinthu ivyo vya wâzingilila. Thupi la wânthu wâlvari likocha comene kweniso wâkupulika mthupi kuwinya, wâkukhosomola kweniso wâkutondeka kuthuta makola.”

“Sono tingatimbana nako yayi cifukwa tingakawona yayi?”

Sara wakafumba. “Tingatimbana nako,” anyina Sara wâkayowoya. “Lekani nkukhumba iwe, Sara uvikililike. Vayirasi yingakola wânthu wânandi kweniso wali yose wangativwirako kuti timalane nayo. Wana mbapadela kweniso wângativwirako kuti timalane nayo. Ukwanela kukhala wakuvikililika kuti tose tivikililike. Nkukhumba iwe uwe ngwazi yane.”





Sara wakagona pabedi usiku uwo kweni wakupulika kuti ni ngwazi yayi mumtima mwakhe. Wakaŵa na citima. Wakakhumbanga walute kusukulu kweni sukulu yakhe yikaŵa yakujala. Wakakhumbanga wakawone ŵanyakhe kweni kukaŵa kwakofya kucita nthena. Sara wakakhumbanga koronavayirasi yileke kofya ŵanthu mucalo ico iye wakakhalanga.

“Ngwazi zinankhongono zapadela” wakayowoya yekha, uku wakujala maso kuti wagone. “Ine ninavici?”

Mwazizi tumazgo tuwemi tukazunula zina lakhe mucisi.

“Kuli njani?” Sara nayo wakayowoya pasipasi.

“Ukukhumba vici kuti uwe ngwazi, Sara?” lizgo likamufumba.

“Nkhukhumba nthowa yakuti ningagwiriska nchito kuti niphaliŕe wana wose calo cose capasi kuti wajivikilile kuti wavikilile wali yose...” wakayowoya Sara.

“Sono ukukhumba ine niwe vici?” lizgo likafumba.

“Nkhukhumba cinthu ico cingawuluka ... calizgo likulu ... ico cinganivwira!”

Wuuski, cinthu cinyakhe cakuziziswa cikafika apo pakaŕa ungweru wamwezi ...



“Ndiwe njani?” wakathutira mcanya Sara.

“Ndine Ario,” wakayowoya.

“Nindamuwone Ario kawilo,” wakayowoya Sara.

“Nanguŵapo nyengo yose iyi,” wakayowoya Ario.

“Nkhufuma mumtima.”

“Para ningaŵa na iwe ...mbwenu ningaphalira ŵana ŵose calo cose capasi za koronavayirasi!” wakayowoya Sara. Ningaŵa ngwazi! Kweni lindizga dankha, Ario, tiŵenge ŵakuvikililika kwenda naumo kulili koronavayilasi?”
“Para uli na ine, Sara,” wakayowoya Ario. “Paliye ico cingakupweteka pala tili lumozu.”





Sara wakadukira pamuwongo wa Ario ndipo wakawuluka na kufumira pa windo lakucipinda kwakhe kunjira mumlengalenga usiku. Wakawuluka kuluta pafupi na nyenyezi na kukatauza mwezi.



Apo zuŵa likafuma, ŵakadeka mucipalamba cakutowa camapiramidi, uko ŵana ŵakaseŵeranga. Ŵana ŵakacemerezga mwakukondwa na kumuwuskira mawoko Sara na Ario wakhe.

“Tamupokelerani, ine ndine Salem!” wakacemerezga mnyamata yumoza. “Mukucita vici kuno? Pepani, tingiza pafupi yayi, tikwenela kukhala mwakutalikana wanu mita!” “Ndico nchifukwa tizira kuno!” Sara wakazgola. “Ine ndine Sara, uyu ni Ario. Kasi mukumanya kuti ŵana ŵangapangiska kuti ŵanthu awo ŵakukhala nawo pafupi,

âabwezi, âapapi, asekulu na abuya âaâe âakuvikililika ku koronavayirasi? Tose tikwenera ...”

“Kugeza mumawoko na sopo na maji!” wakayowoya Salem uku wakumwemwetera. “Tikumanya, Sara. Kweniso tikukhosomolera mkati mwakasukununu pala talwara – nakutiso tikuâawuskira woko âanthu mmalo mwakupasana casa. Tikuyezgaso kukhala munyumba, kweni tikukhala mumsumba uwo muli âanthu âanandi comene ... niwanthu âose yayi awo âakukhala munyumba.”

“Uuum, panji ningawowwirapo pa nkhani iyo,” wakayowoya Ario.” âangayiwona yayi koronavayirasi, kweni ...ine âanganiwona! Kwerani pamuwongo pane, kweni conde mukhale pamapapindo ghane ghose ghaâiri – ngakutalikirana wanu mita!”



Ario wakawuluka kuluta mumlengalenga na Salem na Sara awo wakakhala pamapapindo ghakhe ghose ghaŵiri. Wakawuluka kujumpha msumba nakwamba kucemerezga na kwimba! Salem wakacemerezga kwa ŵana awo ŵakaŵa mumsewu: “Lutanninge, mukawaphalire mabanja ghinu kuti ndise wakuvikililika pala tili munyumba! Tingapwelelerana makola pala takhala panyumba!” Ŵanthu wakazizwa na ivyo wakawona. Ŵakaŵawuskira mawoko na kuzomera kukanjira munyumba.



Ario wakawuluka mcanya mumlengalenga. Salem wakacemerezga mwacimwemwe. Kucanya mumlengalenga pafupi pakawulukanga ndege, wanthu awo wakaŵa mundege wakaŵalaŵiska mwakuzizwa

“Wanthu wakwenera kuleka kwenda sono, kwanyengo yasono,” wakayowoya Salem. “Wakujala maboda pacalo cose capasi, nakuti tose tikwenera kukhala kwenekuko uko tili na wanthu awo tikuŵatemwa.”

“Vinthu vinandi vikuwoneka kuti vyasinthu,” wakayowoya Sara. “Vikunipasa wofi nyengo zinyakhe,”

“Vikupangiska wofi kweniso kutimbanizgana pala vinthu vikusintha, Sara,” wakayowoya Ario. “Pala ninawofi nkuthuthuta pacokopacoko comene – nakuthutira kuwalo moto!

Ario wakaphutira kuwalo laŵi lamoto likulu!

“Pala mwacita wofi, mukucita wuli kuti mtima ukhale pasi?”

Ario wakaŵafumba.



Wakawuluka musimusi kuluta pasi na kukadeka pafupi na muzi unyakhe ucoko. Msungwana wakaŵa kuwalo wakatondolanga maluŵa. Apo wakawona Ario na wana awo wakakhala pamapapindo ghakhe, wakaseka. "Ario!" wakacemerezga. "Tikwenera kukhala mwakutalikirana wanu mita, sono nikuwuluskirenge waka mawoko! Mukucita vici kuno mose imwe?"

“Nangupulika mumtima kuti wanikumbatira apo wanguyowoya kuti uniwuluskirenge mawoko, Sasha,” wakayowoya Ario. “Vikunikondweska umo tikugwiriskira nchito mazgo pera kuti tilongole citemwa kweniso ivyo tikucita kuti tilongole citemwa. Nakhumbanga wanyane wasambire za nkhangono zapadera zapacanya izo uli nazo.” “Nkhangono zane zapadera zapacanya ni vici?” wakayowoya Sasha.

“Kufumira apo munthu munyakhe wakalwarira pa banja linu, ukukhala pamulyango lero kuwopa kupira wanthu wanyakhe koronavayirasi,” wakayowoya Ario.

“Enya, mbadada wane, wakukhala kucipinda kwawo wakufuma yayi mpaka wacire.” wakayowoya Sasha.



NGWAZI YANE NDIWE

Sara wanacitima kuti paliye uyo wasanga mankhwala ghakucizga koronavayirasi, wakukhumba kuti waŵe ngwazi pakuphalira ŵana ŵanyakhe pa calo cose capasi umo ŵangajivikililila kweniso kuvikilila ŵanthu ŵanyakhe. Kasi wakwaniskenge wuli kucita ivi?]

Ndimwe ŵakuzomerezgeka kutola buku ili pa intaneti, kupanga mabuku ghanyakhe pakucita fotokope, panji kuyisintha nkhani iyi panji kugwiriska nchito vithuzi malingana mwalembapo nthena:

Mutu: Ngwazi Yane Ndiwe

Wakulemba: Helen Patuck

Kulisintha: eKitabu LLC

Wakujambula vithuzi: Helen Patuck

Kung'anamulira: Cecilia Mwalwayo, Mervis Kamanga

Ciyowoyero: Tumbuka

Levo: 3

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Umo buku ili likalembekera

Buku ili nchakulondezga ca pulojekiti iyo yikapangika na wupu wakucemeka Inter-Agency Standing Committee Reference Group on Mental Health and Psychosocial Support in Emergency Settings (IASC MHPSS RG). Nchito zapulojekiti iyi zikagwirika na wâkaswiri wâkufumira kuvyalo vyakupambana pambana pa calo cose capasi awo wâkugwira nchito ku Mawupu agho nimamembala gha IASC MHPSS RG, kweniso wâpapi, wâlezi, wâsambizgi na wâna wâkufumira ku vyalo 104 wâkatolapo lwande pa nchito iyi.

Mndandanda wamafumbo ghacalo cose capasi wukaperekeka kwa wânthu muviyowoyero vya Arebiki, Cizungu, Italiyana, Cifaransa na Sipaniski kuti wâpulike umo wâna wâkughanaghanira na kupulikira mumtima mwawo za matenda gha COVID-19 kweniso vinthu ivyo wâkuviso wâ panyengo iyo kuli matenda agha. Fundo zikuluzikulu zakuti zitambasulike mucidokoni ici zikasoleka kufuma pa mazgolo agho wânthu wâkapereka. Buku ili likati lalebeka, likapelekeka ku vyalo ivyo vili kukhwaskika na COVID-19 kuti wâwâwerengere wâna. Ivyo wâna, wâpapi na wâlezi wâkayowoya wâti wâwerenga buku ili vikagwiriskika nchito kuti cidokoni ico cili mubuku ili wâcinozge kuti ciwê ciwemi.

Wâna, wâpapi, wâlezi na wâsambizgi wakujumpha 1700 pacalo cose capasi wâkapeleka nyengo yawo kutilongosolera umo wâkacitiranga kuti wâkwaniske kukhala na umoyo panyengo iyo kuli matenda gha COVID-19. Tikuwawonga comene wâna a wâ na wâpapi, wâlezi na wâsambizgi wâwo

cifukwa cakuzgola mafumbo ghithu kweniso cifukwa cakupangiska kuti cidokoni ici ciwê ciwemi. Ici nchidokoni ico cili kulembekera wana kweniso cili kulembeka na wana wapacalo cose capasi.

Wupu wa IASC MHPSS RG wukuwonga a Helen Patuck cifukwa cakulemba cidokoni ici kweniso kujambula vithuzi vyakulongosola cidokoni ici.

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“Nkhutemwa kughanaghana zamunthu munyakhe uyo wakunipangiska kuti nipulike mumtima wane kuti ndine wakuvikililika,” wakayowoya Sara.

“Ine nane nthena, nkughanaghana wanthu wose awo wakunowwira kuti nipulike mumtima wane kuti ndine wakuvikililika, nthena abuya na asekulu,” wakayowoya Salem, “Naŵasoŵa. Ningaŵakupatira yayi kopa ningaŵapasa koronavayirasi. Kanandi tikukaŵawona kuwumaliro kwa sabata yili yose kweni sono tikulutako yayi kuti tiŵavikilire kukoronavayirasi.”

“Ungaŵayimbira foni?” Sara wakamufumba mubwezi wakhe. “Enya!” wakayowoya Salem. “Ŵakuniyimbira foni dazi lili lose, nkhuŵaphalira vyose ivyo tikucita kunyumba.

Vikunikondweska kweniso nawo vikuŵakondweska.

“Nchacilendo yayi kuŵasoŵa wanthu awo tikuŵatemwa awo tingakaŵawona yayi nyengo yasono,” wakayowoya Ario.

“Vikulongola kuti tikuŵaphwelelera. Ungakondwa kuti ukumane na ngwazi zinyakhe?”

“Enya!” Sara na Salem ŵakazgola mwakucemerezga.

“Mwazgola makola, mubwezi wane Sasha wanankhongono zapadera zapacanya comene,” wakayowoya Ario. “Tiyeni kwenekuko!”



“Kweni mbalwari comene yayi! Tikusewera masewero ghakupambana pambana, tikuphika, kucezga paluwaza kweniso tikurya lumozza. Wadumbu wane na ine tikukola njoŵe zinthu zakumalundi na kuvina. Tikuwerenga mabuku kweniso tikusambira cifukwa nyengo zinyakhe nkhubukwa sukulu. Kukhala panyumba pela pakwamba vikawoneka vyacilendo kweni sono tazgoŵera.”

“Nchipusu yayi, Sasha,” wakayowoya Ario. “Wamba kusanga nthowa zakujisanguluskira kweniso umo mungakhalira makola panyumba na awo ukuwatemwa. Ici cikukupanga iwe kuwa ngwazi yane!”

“Iwe ukuyambana na wapabanja lako?” wakafumba Salem.

“Nyengo zinyakhe tikuyambana,” wakayowoya Sasha.

“Tikwenera kupilirana comene, kuwa wakupulikiska comene kweniso wakuphepiska luwiro. Iyo ni nkhangono yapacanya comene cifukwa yingatipangiska ise panji wanyithu kupulika makola mumtima. Kweniso nkukhumba kukhala ndekha nyengo zinyakhe. Nkhutemwa kuvina na kwimba ndekha!

Nyengo zinyakhe nkhuwayimbira foni wanyane...”

“Sono Ario, viwenge mbuni na wanthu awo wali kutali na kwawo panji awo walije kwakukhala?” wakafumba Sara.

“Ilo ni fumbo liwemi comene, Sara,” wakayowoya Ario.

“Tiyeni tilute tikafumbe.”

Sono wakamulayira Sasha na kunyamuka. Mvuci ukathukiriranga nakuthukiriranga apo wakadekanga pacilumba ico cikazingililika na nyanja yikulu.





Apo wâkawona msasa uwo ukaŵa na wânthu wânandi.
Msungwana yumoza wakaŵawona na kuŵawuskira kawoko,
wakayima patali.

“Monire Ario, ndine wakukondwa comene kuti nakuwonaso!”
wakayowoya. “Tikuyezgeska kukhala patali na patali kuyana
na wanu mita, sono niyowoyenge nawe uku nayima kuno.
Kweni nkukhumba kuwonana na wânyako awo! Zina lane ni
Leila.”

“Monire Leila! Ine ndine Sara, uyu ni Salem,” Sara wakayowoya. “Vikuwoneka ngati ukukhumba kujivikilila wekha ku koronavayirasi. Vinyakhe nivici ivyo ukucita kuti ujivikilire?”

“Tikugeza mumawoko na sopo na maji!” Leila wakazgola. “Namweso mukukhosomolera mkati mwakasukununu?” wakafumba Salemu.

“Ungatilongola umo mukucitira?” Leila wakamufumba. Salem wakaŵalongola.

“Tose tikuyezga kukhoma mtima, kweni nkhufiga mtima cifukwa ca cinthu cinyakhe,” wakayowoya Leila.

“Tingadumbirana vya ico? Nkhapulika kuti munthu munyakhe wakalwara na kufwa sono vili kunipasa wofi comene. Kasi mbunenesko kuti ŵanthu ŵangafwa cifukwa ca koronavayirasi?”



Ario wakathuta mwakukhizga mtima na kukhala pasi
pamatako ghakhe ghakulu.

“Enya, ngwazi zicokozicoko, nivyakuziziswa,” wakayowoya
Ario. “Wanthu wanyakhe wakupulika kulwara yayi muthupi
mwawo kweni wanthu wanyakhe wakulwara comene
kweniso wanyakhe wakufwa. Lekani tose tikwenera
kupwelelera comene wanthu wacekulu na awo
wanamatenda ghanyakhe cifukwa wakulwara comene na
koronavayirasi. Nyengo zinyakhe pala tinawofi comene panji
tikupulika mumtima kuti ndise wambula kuvikililika cingaŵa

cakovwira kughanaghana za malo ghanyakhe ghakuvikililika.

Mukukhumba muyezge kucita ivi, ticitire lumoza?"

Wose wakazomera, sono Ario waka waphalira kuti wose
wajale maso waghanaghane za malo agho wakupulikapo
kuti mbakuvikililika.

"Ncheru cinu ciwe panyengo iyo imwe mukapulika mumtima
kuti ndimwe wakuvikililika," akayowoya Ario.

Pawumaliro waka wafumba kuti wanguwona vici,
wangupulika wuli mumtima kweniso ivyo wanguvinuska
pamalo ghawo agho wakupulikapo kuvikililika.

Waka wafumba pala pali munthu wapadera wapamtima
pawo uyo wakukhumba wamuceme kuti wize pamalo ghawo
agho wakupulikapo kuvikililika kweniso ivyo
wangadumbirana naye.

"Mungaluta kumalo ghinu agho mukupulikapo kuvikililika
pala munacitima panji wofi," wakayowoya Ario. "Izi ni
nkhongono zinu zapadela, kweniso mungaga wirako
nkhongono izi wabwezi winu na wapabanja linu. Kweniso
mukumbukenge kuti nkupwelelera za imwe kweniso
wanthu wanandi wakupwelera. Ivi navyo vingamowwirani."



Leila wakayowoya, “Tose tingapwelelerana.”

“Uwo mbunenesko nadi, Leila,” wakayowoya Ario.

“Tingapwelelerana, kuli kose uko tili. Kasi ukukhumba ulute
nase uko tikuluta sono kwawumaliro?”

Leila wakasankha kuti walutenge na Ario na wabwezi wakhe
wasono. Sara wakakondwa kuti Leila walutenge nawo
cifukwa cakuti wakamanyanga kuti nyengo zinyakhe
tikwenera kovwirana. Wakawuluka kacetecete kwambula
kuyowoyeskana, kweni Leila wakamanya kuti wabwezi
wakhe wasono wakupwelera comene za iye.



Mapiri agho ghakaŵa na cifunga ghakamba kuwoneka pacokopacoko, Ario wakadeka mumsumba unyakhe ucoko.

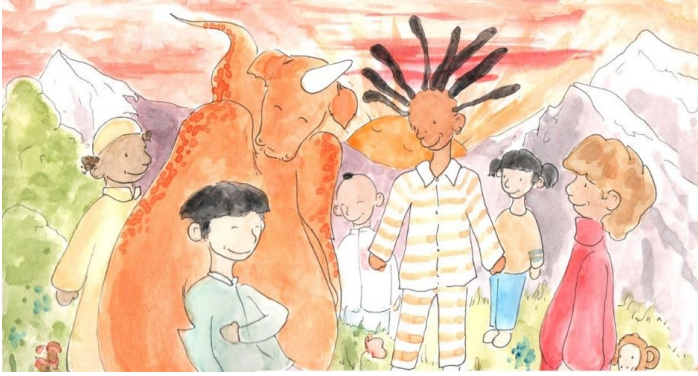
Ŵana ŵakaseŵeranga mumphepete mwa mulonga.

“Ario!” mwana yumoza wakacemerezga, uku wakumuwuskira kawoko.

. “Monire, Kim,” wakayowoya Ario. “Imwe mose, nkhuKhumba mukumane na ŵabwezi ŵane awo ŵali kukhalapo na koronavayirasi na kucira.”

“Vikaŵa mbuni?” wakafumba Salem.

“Nkhakhosomolanga kweniso nkhapulikanga thupi lane kocha comene nyengo zinyakhe. Nkhaŵaso wakuvuka comene mwakuti nkakhumbanga yayi kuseŵera kwamadazi ghacokowaka,” wakayowoya Kim. “Kweni nkagonanga comene kweniso ŵapabanja lane ŵakanipwelelera comene. Ŵanyakhe mwa ŵapapi ŵithu na abuya na asekulu ŵakaluta kucipata. Manesi na madokotala ghakaŵapwelelera mwacitemwa, kweniso ŵanthu ŵakudera uko tikukhala ŵakativwiranga kunyumba. Pati pajumpha masabata pacokowaka, tikacira na kukhalaso makola.”



“Ine ni munyakhe wa Kim,” wakayowoya yumoza wa wana. “Cifukwa cakuti Kim wakaŵa na koronavayirasi, tikaleka yayi kuŵa pawubwezi – nanga wuli kukaŵa kwamacitiko yayi kukamuwona. Nkhaleka yayi kupwelera za iye nakuti ndise wakupondwa kuti tikuseweraso lumoza!” “Nyengo zinyakhe cinthu cakuzilwa comene ico tingacita nga wabwezi nkhuvikililana,” wakayowoya Ario. “Nanga wuli ivi vikung'anamula kuti tikwenela kukhala kutali na munyakhe kwa nyengo yicoko waka.”



“Tingacitirana vinthu ivi,” wakayowoya Leila.

“Ndipo dazi linyakhe, tizamusewêraso lumozato se na kuweleraso kusukulu ngati umo tikacitiranga,” wakayowoya Salem.

Nyengo yakuwelera kunyumba yikakwana, kweniso nyengo yakuti Sara walayilane na wabwezi wakhe wasono. Wakapangana kuti wazamuluwa yayi vya ulendo wawo uwo wangwenda lumozato.

Sara wakaŵa nacistima kuti wazamuwawonaso mwaluwiro yayi wabwezi wakhe. Kweni wakakondwa apo wakakumbuka ivyo Kim wakayowoya. Cifukwa cakuti ungakawawona yayi wanthu vikung’anamula kuti waleka kuwatemwa yayi.



Ario wakaŵathula muvukaya vyawo ŵose na kumulindilira Sara kuti wagone dankha ndipo wafumengepo.

“Kasi tingacitaso nthena namacero?” Sara wakamufumba Ario.

“Yayi Sara, iyi ni nyengo yakuti ukhale na banja lakwinu,” wakayowoya Ario. “Ukwenela kukumbuka nkhani yithu. Ungaŵapwelelera awo ukuŵatemwa pakugeza mumawoko kweniso kukhala pamulyango. Ine nkhekhalala kutali yayi. Nyengo zose ungakhala na ine pala waluta kumalo ghako ghakuvikililika.”

“Ndiwe ngwazi yane,” Sara wakayowoya mwakuphwepwa.

“Nawe ndiwe ngwazi yane, Sara. Ndiwe ngwazi yaŵose awo
ŵakukutemwa,” Wakayowoya Ario.





Sara wakagona ndipo apo wakawukanga namacero ghakhe, Ario wakaŵa kuti waluta. Mbweni wakaluta kumalo ghakhe ghakuvikililika kuti wakayowoye na Ario, sono wakajambula vyose ivyo ŵakawona lumoza kweniso ivyo ŵakasambila pawulendo wawo. Wakacimbilira kwa ŵanyina na ico wakajambula kuti wakaŵaphalire nkhani yiwemi. “Tose tingaŵawovwira ŵanthu kuti ŵaŵe ŵakuvikililika, Amama,” Sara wakayowoya. “Nkhakumana na ngwazi zinandi pawulendo wane!”

“Enya Sara, ukuneneska nadi!” wâkayowoya anyina. “Pali ngwazi zinandi izo zikuyezgeska kuti wânthu wâwê wâkuvikililika ku koronavayirasi, ngati madokotala na manesi ghakuziziswa. Kweni wanikumbuska kuti tose tingawâ ngwazi, dazi lili lose, kweni ngwazi yane yikulu ndiwe Sara.”



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